



ENERGY BLAST

Join Team Energy
as we Spin for a Great Cause!

Energy Spinathon

in support of Friends of Karen

Sunday, April 11th

Energy Interactive Fitness Center
Beginning at 8:00am

*minimum donation \$25/hr

Friends of Karen provides emotional, financial, and advocacy support for children with critical illnesses and their families, in order to help keep them stable, functioning, and able to cope.

You can be part of a lifeline of direct support to families living through a devastating experience. Sign-up at the front desk to find more information on Friends of Karen and how you can help.