

S P O R T S

## Run For Friends of Karen at the L.I. Marathon on May 2 and May 3

The Run For Friends of Karen at The Long Island Marathon, a 5K Walk/Run, will be held on Saturday, May 2, 2009, for ages 11 and older; the 10K, Half & Full Marathon, will be held on Sunday, May 3, 2009 for ages 16 and older at Eisenhower Park in East Meadow, NY.

For a fun and exciting way to get some exercise while raising funds for an important charitable organization, put on your sneakers and join the Run for Friends of Karen at the Long Island Marathon.

Friends of Karen, an organization that has helped thousands of families with children diagnosed with cancer and other life-threatening illnesses for 30 years, is organizing their team and encourages families to join them for this celebrated event in the heart of Nassau County's Museum Row. Proceeds from the Run will help Friends of Karen in their continuing efforts to provide emotional, financial and advocacy support to their very special families.

For information and an application on the Run, please call 473-1768, ext. 303. For more information on Friends of Karen's services, visit [www.friendsofkaren.org](http://www.friendsofkaren.org)

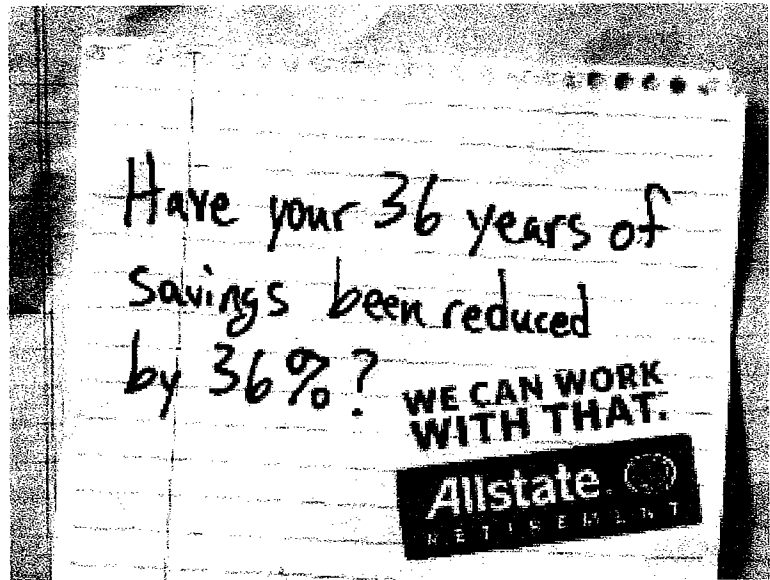
Friends of Karen is a tri-state children's charity that serves children from birth to 21 who are diagnosed with life-threatening illnesses. Last year, 1,285 children benefitted from services of Friends of Karen.

Friends of Karen provides direct financial assistance with medical and illness-related expenses such as transportation for medical treatment, childcare for siblings while parents are with their hospitalized child, household expenses and rent or mortgage payments, bereavement services, as well as living expenses for parents in out-of-state hos-

pitals, telephone, television services and parking.

Friends of Karen began in 1978 when family friends came to the aid of a couple and their 16-year-old daughter, Karen, who was

terminally ill. A fund-raising campaign for medical and other costs enabled Karen to spend her precious last days at home surrounded by loving family and friends.



There can still be time to save.

We can take a look at your current situation and help you find ways to get your retirement savings back on track. Call me today to schedule a complimentary retirement review and let's start the conversation about the Third Half<sup>SM</sup> of your life now.

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