



Become a Friends of Karen

CORPORATE VOLUNTEER



OUR MISSION

To provide emotional, financial and advocacy support for children with a life-threatening illness and their families in order to help keep them stable, functioning, and able to cope.

HOST A VOLUNTEER EVENT

There are numerous ways employees can support Friends of Karen throughout the year. These activities can easily be adapted to corporate-wide community engagement efforts for specific departmental, business unit and/or group collaborations. Many corporate sponsors have used these activities in support of team building exercises.

- ▶ **Holiday Adopt-A-Family Program-** Fill the holiday wish lists of our children. Create a team this holiday season to help pack and ship the gifts!
- ▶ **Back to School-** Collect new school supplies and backpacks for our children. Create a team and spend a summer day packing and shipping the supplies.
- ▶ **Create a Chemo Care Kit-** Fill a lightweight bag with items that will help provide comfort to a child who is receiving chemotherapy treatments.
- ▶ **Birthday in A Box-** Organize a toy drive and collect birthday presents for our children. Be creative and include plates, napkins and birthday candles to complete the party!
- ▶ **Feed -A-Family-** Food insecurity is a serious problem for many of our families. Collect grocery gift cards to ShopRite, Stop&Shop or Target.
- ▶ **Don't want to shop-** *Create a team fundraising page and we will do the shopping for you!*

**Contact Allison Watson on how to get started with items we need.
Allisonwatson@friendsofkaren.org or 914-617-4054.**

PARTNER WITH FRIENDS OF KAREN

WHY HOST A VOLUNTEER EVENT FOR FRIENDS OF KAREN?

Having a corporate volunteer program has many benefits to your organization. Companies who participate in corporate volunteerism will increase their exposure to the community and improve their reputation and attractiveness to customers and potential employees. The individual employee benefits by increasing their need satisfaction and wellbeing. Research indicates that volunteer participation is related to higher job satisfaction and longer retention. Volunteering has also shown to improve an individual's mood and reduce stress levels significantly impacting a person's health.

CREATE A COMPANY TEAM

- ▶ **Promote team spirit** – host fundraising activities and volunteer projects in your workplace.
- ▶ **Designate Friends of Karen as a “core” charity** for employee donations. Enhance employee donations through corporate match funds or sponsor an employee donation drive.

***Businesses that support Friends of Karen at a level of \$5,000 and higher will have their logo and a link to their corporate website listed on our **Corporate Partners page**.*

HOW CAN YOU VOLUNTEER ?

- ▶ Join one of our Advisory Boards in Long Island or New York City.
- ▶ Participate on an event committee or volunteer at an event itself, join or sponsor one of our walks, or our Journey of the Heart Bike Tour
- ▶ Not sure what to do? Contact us and we can match a volunteer opportunity to your interests and skills.

READY TO GET STARTED? CONTACT US BELOW