

# Living Alongside Grief



Join us as we spend the day with families, sharing memories and creating new ones.

Saturday, November 8, 2025 • 10:00 AM to 4:30 PM  
The Riverside Church in the City of New York





We have created a unique day for bereaved families to come together for healing, support, and education. It is our goal to build a sense of community among bereaved families.

The day will have a blend of grief education, opportunities for group support, art projects, and activities for all members of the family.

There will be a time to tell stories and a time to listen to stories, moments to share hope, and opportunities for joy and memory-making. As a group we will talk and think about the process of healing as each family continues to learn how to Live Alongside Grief.

Please **RSVP** as soon as possible as space is limited.  
We must have all families registered by Friday, October 10<sup>th</sup>.

Contact Liz Espinal at [lizespinal@friendsofkaren.org](mailto:lizespinal@friendsofkaren.org) to RSVP.

# Retreat Details

WHERE: The Riverside Church in the City of New York  
91 Claremont Avenue  
New York, NY 10027

WHEN: Saturday, November 8, 2025

TIME: 10:00 AM to 4:30 PM

TRAVEL: Assistance for cost of travel will be provided.

PLEASE REGISTER **BEFORE** OCTOBER 10, 2025



